# MARY COHEN

studied violin, piano, chamber music and composition at the Royal College of Music, where she won many major prizes. After several years in the City of Birmingham Symphony Orchestra, she set up the teaching practice that has become a research base for her educational projects. Mary has an international reputation as an educational composer (with over sixty publications in print), and her music is set by the major examining



Photo Credit: John Craddock

bodies world-wide. Many of her publications centre around the technical requirements specific to particular stages of string playing, but always in the context of a 'real' musical experience. As well as violin and piano, she also plays the viola and cello.

Mary regularly gives seminars both in the UK and abroad. Since 2001 she has worked for the *ABRSM* (The Associated Board of the Royal Schools of Music) on their innovative *Music Medals* project, both as technical consultant and composer.

Passionate about chamber music, Mary introduces it from the very first term of instrumental lessons. She founded String Quartets From Scratch (SQFS), a club for chamber music for 7–18 year olds, for which she has written a great deal of ensemble material.

Mary believes that learning to play an instrument should be set in the context of a broad musical experience, and that each pupil has a unique personal learning style that should be encouraged to flourish. So she feels that she is constantly learning from her pupils, and is never bored! She finds computers and technology a useful resource in lessons, particularly to encourage children to compose.

Through Faber Music, Mary offers a number of workshop 'modules' that can be selected to allow the day to be tailored to the needs of those attending. Mary is also keen to discuss any additional topics that may be required, in order to ensure that her workshop days offer as much as possible.

After thirty eight years of teaching experience, Mary says that she has an increasingly relaxed approach, and that this seems to have benefits for everyone!



Photo Credit: Catharina Grunér Kronvist



# MARY COHEN String Workshops

"Here are the workshop topics most frequently requested recently. Teachers often like some variety, with individual topic sessions lasting

60 or 90 minutes, but you could choose to have one topic for a whole morning or afternoon. Bring your instruments if you want to join in some of the musical examples – we can use PowerPoint slides of the materials and/or hard copies. Workshops can include Q & A sessions to deal with additional issues."

# First stages

Violin/Viola/Cello

There's so much to do all at once! Ideas and materials to help you to achieve a balance between the musical experience, technique, and theory.

# Developing technique

Violin/Viola/Cello

Suggestions for mixing repertoire and studies to help embryonic skills develop into good technique; a session dealing with absolute beginners through to the intermediate stage.

Keeping the 'roll' of enjoyment Violin/Viola/Cello

Join in the stages of a continuously musical journey, from the beginning stages to the first concerto.

# Viola: starting points

Violin/Viola

Violin teachers: if you've always wanted to try viola, borrow an instrument and have a go! Material and tips for working with young beginners, and introducing viola to established violinists.

# 'Bags of...'

Explore and play through pieces from this popular new series. With books for absolute beginner through to grade 4, this versatile unaccompanied material can be used as additional repertoire, as an alternative route to a standard tutor, and is a source of enjoyable basic-reading /sight-reading material.

# Chamber Music from scratch

Violin/Viola/Cello/and some mixed instrumentation

Materials and suggestions for starting chamber music from the first year of lessons; why chamber music is so important to the development of musical skills; taking pupils through all the stages up to the great masters.

# The philosophy and psychology of teaching Violin/Viola/Cello

Reflections and strategies based on nearly forty years of experience; and the need to embrace change when working with the 'Modern Child'.

# Composition with pupils

Violin/Viola/Cello

For the instrumental teacher, composition may seem like an unnecessary luxury, but running a composition project can be both enjoyable and help you understand your string pupils better. This session offers some tactics and techniques to use with beginners through to GCSE stage, including the use of computers in instrumental lessons.

Cello for upper string teachers

Violin/Viola

The cello is a great instrument for adults to take up – and this includes violin and viola teachers. Borrow a cello and try it for yourself!

For more information, or to enquire about booking a workshop, please email marketing@fabermusic.com or telephone 01279 828909/29.





#### Superstart

Superstart is a break-through for beginner string players, full of exciting music and fun activities from the very first lesson to inspire and stimulate pupils and teachers.

0-571-52445-1	Superstart Violin (accompaniments)
0-571-52442-7	Superstart Violin (book/CD)
0-571-52444-3	Superstart Viola (accompaniments)
0-571-52213-0	Superstart Viola (book/CD)
0-571-52443-5	Superstart Cello (accompaniments)
0-571-52296-3	Superstart Cello (book/CD)

#### **Superstudies**

These collections of original, imaginative studies have been specially designed for young players. Each piece concentrates on one or two aspects of technique, and the whole set covers a wide range of skills. Teachers and pupils will find the valuable yet light hearted collections both enjoyable and stimulating.

0-571-51421-9	Superstudies. Book 1 (solo violin)
0-571-51422-7	Superstudies. Book 1 (solo viola)
0-571-51450-2	Superstudies. Book 2 (solo violin)
0-571-51451-0	Superstudies. Book 2 (solo viola)

#### Superpieces and Superduets

Superpieces provide invaluable additional repertoire which can be used to complement the Superstart tutor books or any other beginner method.

Superpieces (violin and piano)				
(previously Superpieces 2)				
Superpieces 1 (solo violin)				
Superduets. Book 1 (violin duet)				
Superduets. Book 1 (cello duet)				
Superduets. Book 2 (cello duet)				

#### Ensemble Repertoire

0-571-52162-2 0-571-52152-5	Carol Stringfest (beginner cello part) Carol Stringfest (beginner viola part)
0-571-52142-8 0-571-52161-4	Carol Stringfest (beginner violin part) Carol Stringfest (cello duet part)
0-571-52231-9	Carol Stringfest (score and parts)
0-571-52140-1	Carol Stringfest (score)
0-571-52151-7	Carol Stringfest (viola duet part)
0-571-52141-X	Carol Stringfest (violin duet part)
0-571-52783-3	Classic Stringfest (score/ECD)
0-571-56939-0	Dance Duets (two cellos)
0-571-56603-0	Dance Duets (two violas)
0-571-56920-X	Dance Duets (two violins)
0-571-52784-1	Folk Stringfest (score/ECD)
0-571-56956-0	Quartetstart. Level 1 (score and parts)
0-571-56935-8	Quartetstart. Level 2 (score and parts)
0-571-56976-5	Christmas Quartetstart (score & parts)
0-571-52907-0	Real Repertoire Violin Duets
0-571-52076-6	Winter Soundscapes (string quartet)

# Technique Takes Off!

These books are designed to bridge the gap between the more elementary material found in the Superstudies books and more advanced studies.

Technique takes off! (solo violin)
Technique takes off! (solo viola)
Technique takes off! (solo cello)
More technique takes off! (solo violin)
Jazz Technique takes off! (solo violin)
Technique flies high! (solo violin)

#### Bags of ...

The books in the Bags of... series are packed with material in styles children will love including nursery rhymes, rounds, folk and popular songs as well as plenty of original pieces. They are ideal for consolidation work, for using alongside any method or tutor and are enjoyable sight-reading practice.

0-571-53600-X	Bags of Fun for violin
0-571-53601-8	Bags of Fun for cello
0-571-53114-8	Bags of Folk for violin
0-571-53115-6	Bags of Folk for cello
0-571-53112-1	Bags of Tunes for violin
0-571-53113-X	Bags of Tunes for cello
0-571-53419-8	Bags of Tunes for viola
0-571-53261-6	Bags of Style for violin
0-571-53262-4	Bags of Style for cello
0-571-53294-2	Bags of Showbiz for violin
0-571-53295-0	Bags of Showbiz for cello
0-571-53361-2	Bags of Christmas for violin
0-571-53362-0	Bags of Christmas for cello
0-571-53416-3	Bags of American Folk for violin
0-571-53417-1	Bags of American Folk for viola
0-571-53418-X	Bags of American Folk for cello

#### **Other Material**

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